Providing scholarships for nursing students and students in allied health care fields has been a priority for the SoutheastHEALTH Auxiliary since 1962. From that year through 1988, the number of scholarships sponsored annually by the Auxiliary was at least one but sometimes two or three.

This year, 18 scholarships have been awarded by the Auxiliary for a total of $17,000. According to Auxiliary Scholarship Selection Chairperson Dolly Jewel, since 1988 when exact records began to be kept, the Auxiliary had awarded 245 scholarships for a total of $247,000. Funds for these scholarships have been made possible by Auxiliary fundraising events in the Hospital, including the Gift Shop, but also through the generous donations of individuals and families who have endowed scholarships in honor or memory of relatives.

Individuals or families for whom Auxiliary scholarships are named include: Ilena Aslin, the Balsamo Family, Nancy Bray, Elda Haertling, the Glenn and Helen Hutson Family, Polly Duval Kinder, Margaret Foster Roberts and Charlotte Sargent.

This year’s Auxiliary scholarship recipients were honored on Friday, July 29, during a luncheon at the new Jackson Civic Center hosted by the SoutheastHEALTH Foundation. The Foundation also awarded scholarships and presented 22 of them for a total of $25,000.

Foundation Executive Director Patti Ranzini remarked, “Our SoutheastHEALTH scholarships not only make a difference to students and their families but also to area communities as the scholars meet their academic goals and enter the ever-growing healthcare workforce.”

Featured speaker at the luncheon was Judy Aslin, SoutheastHEALTH’s Chief Nursing Officer who herself had been a recipient of two Southeast scholarships. Judy has been affiliated with Southeast since 1983 when she was hired as a Nurse Aid. She noted that the scholarships she received allowed her to advance professionally just as this year’s recipients were striving to do.

Scholarships were awarded to students attending the Southeast College of Nursing and Health Sciences in the RN-AA program, the BSN Nursing program, the Radiological Technology program, the Medical Technology program, and the Surgical Technology program. Auxiliary scholarships were also awarded to students in the SEMO University BSN program, the Belmont University Occupational Therapy program and the Louisiana State University Masters in Public Health program.

Scholarship Selection Chairperson Dolly Jewel is shown here with the recipient of the Balsamo Family and O.D. Niswonger scholarships, Nicholas Spencer, who is a SoutheastHEALTH Ripley County employee.
Meet the Auxiliary Board’s First At Large Members

When the SoutheastHEALTH Auxiliary Bylaws were revised in June, 2015, the position of At Large Member of the Auxiliary Board of Directors was created. The Bylaws state that the Auxiliary President shall appoint three members of the Auxiliary at large to serve on the Board of Directors for two-year terms.

According to Nancy Bray, who served as Auxiliary President when the Bylaws were amended and restated, “The reason for adding At Large members to the Board was to involve new Volunteers/Auxilians in Board activities that will familiarize them with Auxiliary operations and better prepare them to assume leadership positions such as holding office or chairing a committee.”

Appointed by Auxiliary Board President Julie Cook early in her presidency this year, the first three Auxilians serving as At Large Auxiliary Board members are Karen Turley, Pam Schulte and Carolyn Ivie.

Karen Turley, a Jackson resident, has been a SoutheastHEALTH Volunteer since September, 2013. She volunteers in the CTU and Surgical waiting rooms.

Pam Schulte, a Cape resident who has been a Southeast Volunteer since August, 2015, volunteers in the Surgical Waiting Room and Education and also assists with the Auxiliary’s fundraising sales.

Carolyn Ivie, a Sikeston resident, began volunteering in March. Her areas of service include the Surgical Waiting Room, the Lobby Desk and Inpatient Rehab where, as a licensed beautician, she provides hair care services for patients.

Please thank Karen, Pam and Carolyn for representing all members of the Auxiliary when they attend meetings of the Auxiliary Board of Directors.

Festival of Holiday Trees – Holiday Decorating for a Good Cause

Preparations for the Auxiliary’s second Festival of Holiday Trees are well under way, and the event promises to be even bigger and better than the first one! The Festival will be held on Saturday, Nov. 12, at the Southeast Cancer Center, from 6 to 8 p.m. and will include a cocktail reception and silent auction. This year, in addition to 20-25 holiday trees with different themes, the silent auction will include a dozen or more holiday wreaths and centerpieces.

With your ticket to attend, you can then party, bid, buy and do your holiday decorating in one night all while supporting a good cause.

The Auxiliary’s proceeds this year will benefit the Southeast Hospice Grace Fund. Hospice staff members and volunteers are actively involved in all the planning of the event and helping the Auxiliary in so many ways.

The majority of the Hospice Grace Funds are used to assist Southeast Hospice uninsured and underinsured patients and families with rent, utilities, transportation, supplies and funeral expenses. The Fund is also used to support Hospice programs such as Children’s Grief Support, the annual Community Memorial Service and the Recollection (life review) program.

Once again, SoutheastHEALTH Auxilians/Volunteers and now Hospice Volunteers each will be able to purchase as many as two event tickets at the reduced price of $35 per ticket. Regular tickets will be $50 apiece. Tickets will go on sale in early September.

If you are interested in helping with the event or would like to donate and decorate a silent auction item, please contact Auxiliary President Julie Cook at 335-3643 or Southeast Hospice Director Vickie Schnurbusch at 335-6208, Ext. 6704.
The President’s Corner

A Recruitment Call:
Welcome to the dog days of summer! That slogan must mean hot and humid weather. Do you have friends who either sit fully submerged in a swimming pool or sit inside their home during daylight hours? The pool is a good idea to relax, chill out and feel better about oneself. Now, if your friends are sitting inside, they are probably complaining about the weather over which there is no control. But, what if they could do something else for a few hours? What if your friends could be in an air-conditioned area, with pleasant surroundings and nice people to talk to and could feel really good about themselves? Wouldn’t that be preferable to sitting home and complaining? I think so. Here’s the solution. Ask them to volunteer for a few hours at SoutheastHEALTH. Your friends who volunteer will be air-cooled, will make new friends, will learn about the Hospital and our community and will feel a lot better about themselves. Ask someone you know if they would like to feel better.

Auxiliary Board Spending:
You might like to know what we do with the money we raise from Auxiliary vendor sales and Gift Shop profits.

Here is a snapshot of some recent spending:
At our last board meeting, we donated $15,000 to the Employee Assistance and Patient Care funds. This money helps employees and patients with medical costs, transportation costs, and personal expenses that arise while one is ill and out of work. The $15,000 is a portion of the $60,000 we pledged to the Hospital for these funds for calendar years 2015 and 2016.

At our meeting we also voted to spend $860 to refurbish the seats of a number of our wheelchairs that you see in the Hospital Lobby.

The Auxiliary Board budgeted $17,000 for scholarships for men and women studying in healthcare related fields. As you can read on the front page of this newsletter, 18 men and women were awarded the scholarships this year. On July 29, the award winners and their families were celebrated at a luncheon sponsored by the SoutheastHEALTH Foundation and attended by Auxiliary members and by scholarship donors.

This is only a small glimpse of what the Auxiliary does. If you would like to know more about the Auxiliary, our fundraising and how we contribute to the Hospital, call me. My telephone number is (573) 335-3643.

Julie Cook, Auxiliary President

Join Us at the SEMO Fair!
It’s Fair time – taffy, corn dogs and fried Twinkies!! And it’s also time for Auxiliary members to man one of the gates. The Auxiliary earns money by supplying workers, so please help us if you can.

We need Volunteers every day, Sept. 10–17, to fill three shifts between 8 a.m. and 4 p.m. In the mornings we count people coming through the gate and after 1 p.m. we sell and collect tickets. If you can help, please call Sue Balsamo at 339-8543.

We really do have fun doing this – after your shift you can always get your smoked turkey leg and see the animals!

Volunteer Birthdays

<table>
<thead>
<tr>
<th>August</th>
<th>September</th>
<th>October</th>
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<tbody>
<tr>
<td>3 Pat Stehr</td>
<td>1 Arlysse Popp</td>
<td>1 Mary Slinkard</td>
</tr>
<tr>
<td>5 Karen Ervin</td>
<td>1 David Dodson</td>
<td>1 Sharon McNeely</td>
</tr>
<tr>
<td>6 Julia Cook</td>
<td>4 Helen Cook</td>
<td>2 John Bierk</td>
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<tr>
<td>10 Germaine Robert</td>
<td>8 Catharine Weed</td>
<td>2 Terri West</td>
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<tr>
<td>13 Mary Lee Bishop</td>
<td>12 Kaye Camp</td>
<td>3 Betty Cord</td>
</tr>
<tr>
<td>14 Peggy Medlock</td>
<td>13 Paula Friedrich</td>
<td>4 Bob Matthews</td>
</tr>
<tr>
<td>16 Ilena Aslin</td>
<td>24 Joan England</td>
<td>7 Schirley Huey</td>
</tr>
<tr>
<td>18 Shirley Raines</td>
<td>25 John Stehr</td>
<td>7 Vicki Lane</td>
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<tr>
<td>20 Michael Farrar</td>
<td>27 Betty Heisserer</td>
<td>9 Trygve Honaas</td>
</tr>
<tr>
<td>21 Jeanette Patterson</td>
<td></td>
<td>13 Marilyn Amelunke</td>
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<tr>
<td>21 Judy Burford</td>
<td></td>
<td>14 Mary Lou Estes</td>
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<tr>
<td>28 Sue Balsamo</td>
<td></td>
<td>20 Carol Bruce</td>
</tr>
<tr>
<td>29 Madeline Hente</td>
<td></td>
<td>21 Carol Keppler</td>
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<tr>
<td>31 Charles Balsamo</td>
<td></td>
<td>25 Nancy Bray</td>
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<td></td>
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<td>30 Claire Campbell</td>
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A Conversation with Cathy

I hope everyone had a great summer! It is hard to believe that schools have started. The Junior Volunteer Program began in June and ended on August 4th with a pizza party. This year we had 18 Junior Volunteers in various departments throughout the Hospital. This is always a fun group – they are very eager to learn and help out.

Volunteer Services is gearing up for the return of our college students who took the summer off. We have six college students who plan on returning from last year, and we always have new students joining our program. Most of the college students volunteer in the Emergency Department. With guidance from the department, we plan on expanding their role to have more contact with patients and families. Their duties would include making rounds on patients to provide comfort measures, such as a warm blanket, assist with the TVs, and, when appropriate, offer drinks. They currently assist the ER with getting rooms ready for new patients, unpacking and stocking supplies and these duties will continue.

In the last few weeks I have had five adults inquire about volunteering and we are in the process of onboarding them, so when you see new faces please welcome them. Fall has proven to be a good time to recruit Volunteers, so if you have any friends or relatives who might be interested, please encourage them to come by and talk with me.

For many years the Hospital has had a Mended Hearts chapter that visits with some of the cardiac patients while they are in the Hospital. There are currently seven members who are in the process of becoming Volunteers. Once they have completed the process, they will be included in our Volunteer activities. I am excited to welcome them into our group.

Thursday, October 6, will be the Volunteer Appreciation Dinner, so mark your calendars. This year it will be held at the Osage Center since the Drury is being rebuilt. I hope to see you all there.

Cathy Goodman,
Director of Volunteer Services

NEW VOLUNTEERS
Adult Volunteers
Claire Campbell
Kimberly Champine
Michael Farrar
Jordan Holloway

Do you have email?
Please share your email address with us so we are able to communicate with you digitally to save on postage and share news immediately! Please email Amber in Volunteer Services at atopping@sehealth.org

UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>Aug. 20</td>
<td>Scrapbook for a Cause</td>
<td>8a-5p</td>
<td>Harrison Room</td>
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<tr>
<td>Aug. 22-23</td>
<td>Silver Events</td>
<td>7a-5p, 7a-3p</td>
<td>Harrison Room</td>
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<tr>
<td>Aug. 30</td>
<td>Blood Drive</td>
<td>8a-4p</td>
<td>Harrison Room</td>
</tr>
<tr>
<td>Sept. 7-8</td>
<td>Bling it On</td>
<td>8a-7p, 7:30a-3p</td>
<td>Harrison Room</td>
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<tr>
<td>Sept. 10-17</td>
<td>SEMO District Fair, various shifts</td>
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<tr>
<td>Sept. 27</td>
<td>Board of Directors Meeting</td>
<td>9a</td>
<td>Room 106</td>
</tr>
<tr>
<td>Sept. 29</td>
<td>Shoe Road Productions</td>
<td>7a-5p</td>
<td>Room 106</td>
</tr>
<tr>
<td>Oct. 6</td>
<td>Volunteer Appreciation Dinner</td>
<td>6p</td>
<td>Osage Center</td>
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<tr>
<td>Oct. 20-21</td>
<td>Scrubs &amp; Beyond Uniform Sale</td>
<td>7a-4p, 7a-4p</td>
<td>Harrison Room</td>
</tr>
<tr>
<td>Oct. 26</td>
<td>Blood Drive</td>
<td>8a-4p</td>
<td>Harrison Room</td>
</tr>
<tr>
<td>Oct. 28</td>
<td>Halloween Cookie Cart</td>
<td>8a-10a</td>
<td>Room 106</td>
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When Sally Finger was just five years old, history was being made. Thanks to passage and ratification of the Nineteenth Amendment giving women the right to vote, she, as a young adult, would be going to the polls.

When the Great Depression crippled American families, Sally Finger was there to make do and get through it. When World War II ended with jubilant celebrations across the nation, Sally Finger was part of it. There also was marriage, family, grandchildren and great-grandchildren – all sunbeams in Mrs. Finger’s life.

On July 28 at a celebration on SoutheastHEALTH’s Inpatient Rehabilitation Unit, Mrs. Finger checked off another milestone – her 101st birthday. Family and Southeast caregivers gathered in the unit’s solarium. There was cake, flowers, gifts, cards and plenty of hugs for all.

Mrs. Finger is recovering from a lower spinal injury at Southeast and hopes to be dismissed soon. She is not someone who likes to be idle. Until her injury she was working as a resident manager for a seniors’ apartment complex in Cape, a job that involved climbing three flights of stairs daily to check on fellow neighbors and helping make maintenance calls. Her career also includes serving a number of years as the office manager of a radio station and her community service includes 20 years as a SoutheastHEALTH Volunteer in the Surgical Waiting Room.

Of her time at Southeast Mrs. Finger says, “This is one of the greatest places. Doctors, nurses, everyone have been just wonderful to me.”

As for reaching 101? Mrs. Finger’s philosophy is a simple, yet meaningful one. “Welcome each day and be thankful.”

Auxiliary is a Proud Supporter

The Building Blocks/Nurse-Family Partnership program continues to flourish – in fact, a recently hired nurse is a graduate of the program! Now that is success!!

Iffat Khan, Auxiliary liaison with the program, reports having purchased a large number of books which help moms to identify their own feelings and talk about feelings to their children. Iffat also is purchasing ten breast feeding kits for the program.

One reason Building Blocks is so successful is that their success is measurable – they have fewer babies of low birth weight; they have a 60% rate of moms who graduate from the program and the nurses can tell you that the moms who continue in the program gain self confidence and self-esteem. The Auxiliary supports this program financially, but the real support comes from the staff of nurses who work so successfully with these first-time, unmarried moms and their babies. I think they are miracle workers!

Kohl’s Cares for Kids

By now everyone should have Kohl’s on their “speed dial” for places to go for good children’s gifts! These gifts include the stuffed animals and books to match – all for $5 each – and they are really GOOD books and delightful stuffed animals. You won’t find a better bargain – a win/win deal.

The newest Kohl’s Cares for Kids merchandise, featuring the popular books and plush toys from Norman Bridwell’s Clifford the Big Red Dog series, is available now at the Cape Girardeau store. All net profits from the sale of these Kohl’s Cares® items at the local department store support the Kohl’s Youth Diabetes Care Network, a service of the Southeast Diabetes Center.

Recently, the SoutheastHEALTH Foundation received a grant from Kohl’s for $14,683.00 – this is what happens when lots of people buy lots of books and stuffed toys! It is called Kohl’s Cares Youth Diabetes Network and the money goes for diabetes education, camps for children with diabetes and diabetes equipment. Look for these gifts near the cash registers.
Recipe for 90 wonderful years:

One kind heart  
One giving spirit  
Two helping hands  
A heap of optimism and  
Boundless energy.

That’s **Ilena Aslin**, a longtime SoutheastHEALTH volunteer and community leader. Ilena celebrated her 90th birthday on August 16 during a hospital stay at Southeast. Her special day did not go unnoticed or without fanfare, thanks to the Volunteer Services staff, Auxiliary Board members, Volunteers and Southeast employees.

Ilena’s hospital room was a bustling place with a steady stream of friends bringing cakes, flowers, good wishes and a very unique birthday hat.

Ilena’s record of service to Southeast is a lengthy, and impressive one. She has more than 9,600 hours of Volunteer service. She is a past president of the Auxiliary and also served as president of the Missouri Association of Hospital Auxiliaries.

Happy birthday, Ilena Aslin – and thank you for the positive impact you have had on the Auxiliary, SoutheastHEALTH and our community!

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**Gift Shop Caters to Your Inner Chef**

The Auxiliary Gift Shop has just received a delicious assortment of mixes from Wind & Willow. Right now there is a wide variety of soup, pasta, cheeseball, dips, appetizer and dessert mixes to choose from, including several that are gluten free!

These products will make thoughtful gifts for birthdays, hostess gifts or additions to gift baskets. You’ll want some for yourself, too! It won’t be long until tailgating season starts, and these would be perfect additions for those occasions!

Remember, purchases in the Gift Shop are tax exempt, and Volunteers enjoy a 15% discount on most gift items! And as you know, all proceeds from the Gift Shop are used to support patient care projects.

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**Enter Southeast’s 2017 Photo Calendar Contest – It’s Easy!**

It’s time to enter Southeast’s 2017 Photo Calendar Contest! The contest is open to all Southeast employees, volunteers, physicians and trustees.

The entry procedure for the contest has changed to make it even easier to enter. Printed copies are no longer required! You may now enter your digital files through the contest link.

Submit up to three photos for consideration. But hurry! Contest closes at midnight on Wednesday, Aug. 31, 2016.

Twelve winners will be chosen – one to represent each month of the year. There is no entry fee, and prizes and extra calendar copies are awarded to the winners.

To enter, go to SEhealth.org/PhotoContest to upload your photos.

If you want to enter slides or prints, or if you have any questions about the contest, please contact **Renee Shandy**, Marketing Department, rshandy@sehealth.org at 519-4905.

SEhealth.org/PhotoContest