

**Health Point Fitness**

# HP Water Babies Summer 2019

**Tuesdays & Thursdays**  
**JULY 23rd-August 15th**  
**6:00p.m.-6:30p.m.**



This class is designed to introduce the skills necessary for independent swimming when the child is older. With the help of parents and instructors, the focus is on becoming more comfortable in the water, having fun, and an introduction to water safety and swimming skills. The main objectives of this class include comfort in the water, submersions, jumping, and having a good time.

- Ages: 6 months-3 years
- Class length: 30 minutes.
- One parent per child must be in the pool for each lesson.
- There must be at least 3 participants signed up & paid for a full class to be held.
- Make-ups are not permitted unless cancellations are due to weather.



**FEE:**

**\$60 Member**

**\$70 Non-Member**

Phone:573-986-4468 / Fax: 573-339-7125

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# HealthPoint Learn-To-Swim Program

## Participant Information

Participant Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

Sex: \_\_\_\_\_ Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Street Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Email Address: \_\_\_\_\_

## Emergency Information

Emergency/Parent Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

## Medical Information

Does the participant have any medical condition the instructor should be aware of?

(For example, diabetic or suffers from seizures.) Circle one: Yes No If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_

Please check the course and rate that applies to you:

Member \$60.00       Non-Member \$70.00

## Indicate Payment Type:

\_\_\_\_\_ Credit Card    \_\_\_\_\_ Cash    \_\_\_\_\_ Check    \_\_\_\_\_ Charge to Account (member)

Card type and #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Paid \_\_\_\_\_

Southeast Missouri Hospital's Swimming Lesson Program is intended to help participants learn to swim, which involves a considerable amount of physical activity. I understand that during participation of swimming lessons the participant may be exposed to a variety of hazards and risks, foreseen or unforeseen, which are inherent in each activity and cannot be eliminated without destroying the unique character of the activity. These inherent risks include, but are not limited to, the dangers of serious personal injury, or death from exposure to the hazards of the use of the facility. I know that injuries and death can occur by natural causes or activities of other persons, or the nature of the activity, either as a result of negligence or because of other reasons. By signing your child and/or yourself up for this program you are voluntarily assuming the possibility that a medical emergency might occur, and you agree to not hold Southeast Missouri Hospital liable for this kind of personal injury or illness. If our swim instructors have reason to believe that the participant is at high risk for experiencing a serious medical problem, they may suspend participation pending receipt of a physician's recommendation.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Parent's signature required for all participants less than 18 years of age.)